1. INCI Ingredients List.


2. Product Information.

Puri-Six is a functional plant extract which combines the principles of "holism and syndrome differentiation" of TCM. Clear, rosy red and radiant skin can be reviewed via three different pathways: clearing (away the heat), promoting (blood circulation) and replenishing (nutrients) in our "Nourishing and Whitening" herbal prescription.

Puri-Six has the following characteristics:
1) can achieve clear, rosy red and radiant skin;
2) has anti-inflammatory and anti-oxidation effects and can effectively improve skin pigmentation;
3) has the effect of promoting blood circulation and removing blood stasis, and can effectively improve the state of skin stasis;
4) has the effect of tonifying and nourishing, and can effectively improve the whiteness and brightness of the skin.

3. Symptom [症].

People are all different, they can be due to genetic, physical, living locations and habits and many other reasons. Individuals can have various defects on their facial appearances, such as unhealthy looked, or looked like with dirt on the face, uneven complexion, dull and dark, looked withered without radiance, the formation of freckles, etc. as well.

The skin colour of healthy yellow people* should be "faintly red and yellow". Rosy red cheeks characterize it; healthy bright looking with lustre; showing exuberant spirit, with sufficient Qi, Blood and body fluid; and normal viscera function.

* since all our tests started in China and therefore we take Chinese (yellow people) as a reference to start with.

4. Theory [理].

TCM ancient literature records a large number of external use prescriptions with skin whitening effect and has gone through thousands of years of validations. Different theories are developed to resolve the problems that cause the dull complexion on the skin. The following factors summarize the cause of the problem:
1) external evil invasion, and cause Qi and Blood stasis;
2) deficiency of Qi and Blood;
3) deficiency of kidney Yin;
4) blockage of Qi at the liver and turn into fire heat which affects the blood circulation and shown on the face that Qi and Blood are not in harmony;
5) the spleen is not functioning its role properly as to transport nutrients throughout the body for the production of Qi and Blood.

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Prescription</th>
<th>Plant</th>
<th>Herb</th>
<th>Efficacy</th>
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<tbody>
<tr>
<td>Clearing the heat and</td>
<td>Chief</td>
<td>Pherveo Communis</td>
<td>Clearing the heat,</td>
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<tr>
<td>detoxifying.</td>
<td>(Radix Rheum)</td>
<td>(Radix Phragmites)</td>
<td>detoxifying and then</td>
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<td></td>
<td></td>
<td>and</td>
<td>clear up the facial skin to</td>
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<tr>
<td></td>
<td>Deputy</td>
<td>Angelica Polymorpha</td>
<td>promote Blood circulation</td>
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<td></td>
<td></td>
<td>Sinensis Root</td>
<td>and removing blood stasis.</td>
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<td></td>
<td>Assistant</td>
<td>Comus Officinalis Fruit</td>
<td>Nourishing the resistance,</td>
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<td></td>
<td></td>
<td>(Fruit of Comus)</td>
<td>healthy radiant</td>
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<td></td>
<td>Envoy</td>
<td>Lycium Chinense Root</td>
<td>facial skin.</td>
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<td></td>
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<td>(Chinese Wolfberry Root -</td>
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<td>bark)</td>
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</table>
5. Efficacy.

5.1 Achieve a Clear, Rosy Red and Radiant Skin.

Fig. 1 Changes in volunteers’ skin conditions observed by Visia CR Imaging under standard light mode.

Fig. 2 Changes in skin pigmentation of volunteers observed by Visia CR Imaging under brown light mode.

Fig. 3 Changes in skin blood stasis of volunteers observed by Visia CR Imaging under red light mode.

5.2 Improve the Skin Whiteness and Brightness.

Fig. 4 Change of ITA value of volunteers.

Fig. 5 Change of brightness value of volunteers.

Statistically significant Vs cream base, (*) P < 0.05, n=30

5.3 Moderately Inhibit Tyrosinase Activity.

Fig. 6 Inhibitory effect of Puri-Six on tyrosinase activity.

5.4 Effect on Melanocyte Activity.

Fig. 7 Effect of Puri-Six on melanocyte activity.

Statistically significant Vs UVB+ (model group), (* P<0.05, ** P<0.01, n=3)

5.5 Anti-inflammatory Activity.

Fig. 8 Inhibitory effect of Puri-Six on IL-1α release from keratinocytes.

Fig. 10 Inhibitory effect of Puri-Six on TNF-α release from keratinocytes.

5.6 Anti-Oxidation Activity.

Fig. 12 Scavenging effect of Puri-Six on DPPH free radicals.

5.7 Promoting blood circulation and Removing Blood Stasis.

Fig. 13 Promoting effect of Puri-Six on skin microcirculation.

Note: Detailed information is available from the respective product manuals.

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